

## SCOPE AND SEQUENCE STATEMENT: YEAR 7 PDH 2025

COURSE PLANNING STATEMENT TERM 1 PD 2020											
TERM 1	1	2	3	4	5	6	7	8	9	10	11
OVERALL TOPIC	Let's Get it Started										
OVERVIEW	Who Am I, Puberty and Respectful Relationships An inquiry into changes, challenges, seeking help, interpersonal communication skills and respectful relationships.										
OUTCOMES	PD4-1, PD4-2, PD4-3, PD4-9, PD4-10, PDLS-1, PDLS-2, PDLS-4, PDLS-10, PDLS-11										
ASSESSMENT					CAMP						
11 WEEKS 11 HOURS											
TERM 2	1	2	3	4	5	6	7	8	9		
OVERALL TOPIC	Live Life Well										
OVERVIEW	Balanced Lifestyles and Nutrition An inquiry into the nature of health. Balanced lifestyles and how they are essential for the health and wellbeing of individuals and communities. How to access and assess health information, products and services.										
OUTCOMES	PD4-6, PD4-7, PD4-8, PD4-9										
	PDLS-7, PDLS-8, PDLS-9, PDLS-10										
ASSESSMENT	AT1 – AT1- My Kitchen Rules 25%										
9 WEEKS 9 HOURS											
TERM 3	1	2	3	4	5	6	7	8	9	10	
OVERALL TOPIC	Risky Business										
OVERVIEW	An inquiry into the nature of risk, strategies to minimise harm and personal safety.										
OUTCOMES	PD4-1, PD4-2, PD4-6, PD4-9										
	PDLS-1, PDLS2, PDLS-3, PDLS-7, PDLS-8, PDLS-10										
ASSESSMENT	AT2 – Decision Making Scenarios 25%										
10 WEEKS 10 HOURS											
TERM 4	1	2	3	4	5	6	7	8			
OVERALL TOPIC	Summer Fun										
OVERVIEW	An inquiry into Summer lifestyle factors that contribute to the health of Australians										
OUTCOMES	PD4-6, PD4-7, PD4-9										
	PDLS-7, PDLS-8, PDLS-10										
ASSESSMENT			Exam Week			Lifesaving Program	Enrichment Program				
8 WEEKS 8 HOURS											

**TOTAL COURSE HOURS: 38 hours**