

SCOPE AND SEQUENCE STATEMENT: YEAR 7 PE 2025

TERM 1	1	2	3	4	5	6	7	8	9	10	11	
OVERALL TOPIC	Get Skilled Get Active											
OVERVIEW	Group Challenges - Group activities focusing on inclusion, communication, group dynamics and team building skills. Fundamental Movement Skills #1 - Basic skill development and mastery – moving fundamentals e.g. running, jumping, skipping, hopping etc					Fundamental Movement Skills #2 - Basic skill development and mastery – throwing and catching. Manipulative skills and games. Fundamental Movement Skills #3 - Basic skill development and mastery – kicking and striking. Manipulative skills and games.						
OUTCOMES	PD4-4, PD4-8, PD4-10											
	PDLS-5, PDLS-9, PDLS-11											
ASSESSMENT					CAMP							
11 WEEKS 22 HOURS												
TERM 2	1	2	3	4	5	6	7	8	9			
OVERALL TOPIC	Gymnastics						Athletics					
OVERVIEW	An inquiry into the specialised movement skills and different gymnastic movements used to enhance movement sequences						Practice for the annual carnival					
OUTCOMES	PD4-4, PD4-5, PD4-10, PD4-11						PD4-4, PD4-5, PD4-10, PD4-11					
	PDLS-5, PDLS-6, PDLS-11, PDLS-12						PDLS-5, PDLS-6, PDLS-11, PDLS-12					
ASSESSMENT												
6 WEEKS 12 HOURS							3 WEEKS 6 HOURS					
TERM 3	1	2	3	4	5	6	7	8	9	10		
OVERALL TOPIC	Teaching Games for Understanding											
OVERVIEW	An inquiry into the identification, utilisation and manipulation of space in target, net and striking games.											
OUTCOMES	PD4-4, PD4-5											
	PDLS-5, PDLS-6, PDLS-12											
ASSESSMENT	AT3 – Practical application 50%											
10 WEEKS 20 HOURS												
TERM 4	1	2	3	4	5	6	7	8				
OVERALL TOPIC	Let Me Entertain You											
OVERVIEW	An inquiry into various physical performance skills for the purposes of entertainment. e.g. circus, physical theatre, dance.											
OUTCOMES	PD4-4, PD4-5, PD4-10, PD4-11											
	PDLS-5, PDLS-6, PDLS-11, PDLS-12											
ASSESSMENT			Exam Week			Lifesaving Program	Enrichment Program					
8 WEEKS 16 HOURS												

TOTAL COURSE HOURS: 76 hours