

ASSESSMENT GRID: YEAR 8 PDHPE 2025

Assessment Task	AT 1	AT 2	AT 3	AT 4	
	Term 1 Week 10B Set Date Friday, 4 April 2025 In Class	Term 2 Week 3A Set Date Monday, 12 May 2025 In Class	Term 3 Week 9A Set Date Friday, 19 September 2025 In Class	Term 4 Week 3A As per examination timetable Select Date (exclude if exam) Examination	
Outline / Description ALL IN THIS TOGETHER Practical application of movement skills and interacting respectfully and including others Students will be assessed on their application of movement skills to a variety of Indigenous, Para and Cultural sports and games.	GAME CHANGERS Presentation Students will build a portfolio of evidence and present an innovative concept within this joint PDHPE and D&I Project.	OFFENSE IS THE BEST DEFENSE Practical Application of Movement Skills and Strategies and Tactics Performance in practical lessons based on ability to utilise offensive tactics and strategies in games to improve performance.	YEARLY EXAMINATION Students will complete an examination to assess their knowledge and skills of PDH content.		
Outcomes	PD4-4, PD4-10,	PD4-6, PD4-7	PD4-4, PD4-5	PD4-1, PD4-2, PD4-3, PD4-6, PD4-7, PD4-8, PD4-9, PD4-10	
Component					Weightings
Health Wellbeing and Relationships	5			15	20
Movement Skill and Performance	20		25		45
Healthy, safe and active lifestyles		20		15	35
Marks	25%	20%	25%	30%	100%

ASSESSMENT GRID: YEAR 8 PDHPE 2025 – OUTCOME STATEMENTS

Course Outcomes	
Health, Wellbeing and Relationships	
Objectives Students will:	Stage 4 Outcomes A student:
demonstrate an understanding of strategies that promote a sense of personal identity and build resilience and respectful relationships	PD4-1 examines and evaluates strategies to manage current and future challenges
	PD4-2 examines and demonstrates the role help-seeking strategies and behaviours play in supporting themselves and others
	PD4-3 investigates effective strategies to promote inclusivity, equality and respectful relationships
Movement skill and performance	
demonstrate an understanding of movement skills, concepts and strategies to respond confidently, competently and creatively in a variety of physical activity contexts	PD4-4 refines, applies and transfers movement skills in a variety of dynamic physical activity contexts
	PD4-5 transfers and adapts solutions to complex movement challenges
Healthy, Safe and Active Lifestyles	
understand the significance of contextual factors that influence health, safety, wellbeing and participation in physical activity enact and strengthen health, safety, wellbeing and participation in physical activity	PD4-6 recognises how contextual factors influence attitudes and behaviours and proposes strategies to enhance health, safety, wellbeing and participation in physical activity
	PD4-7 investigates health practices, behaviours and resources to promote health, safety, wellbeing and physically active communities
	PD4-8 plans for and participates in activities that encourage health and a lifetime of physical activity
PDHPE Skills	
develop and use self-management, interpersonal and movement skills	PD4-9 demonstrates self-management skills to effectively manage complex situations
	PD4-10 applies and refines interpersonal skills to assist themselves and others to interact respectfully and promote inclusion in a variety of groups or contexts
	PD4-11 demonstrates how movement skills and concepts can be adapted and transferred to enhance and perform movement sequences