



ASSESSMENT GRID: YEAR 10 PASS 2025

Assessment Task	AT 1	AT 2	AT 3	AT 4	
	Term 1 Week 10B Set Date Friday, 28 March 2025 In Class / Hand In	Term 2 Week 6B Set Date Friday, 6 June 2025 In Class	Term 3 Week 7B Set Date Friday, 5 September 2025 In Class / Hand In	Term 4 Week 2B As per examination timetable Select Date (exclude if exam) Examination	
Outline / Description	Coaching Practical coaching session Wednesday April 2 Students plan, write and conduct a coaching session for students.	Enhancing Performance Students complete an in-depth study of a sport. Students will observe their peers in the different sports and provide written and verbal feedback to them to enable them to improve their performance.	The Competitive Edge Master mind challenge week 8A Students will complete a research paper for an issue in sport they have chosen. They will then answer a number of questions in front of an audience about their research paper.	Yearly Examination An examination of all units studied throughout the year.	
Outcomes	PASS5-5, PASS5-6, PASS5-7, PASS5-8,	PASS5-8, PASS5-9, PASS5-10	PASS5-3, PASS5-4	PASS5-1, PASS5-2, PASS5-5, PASS5-6, PASS5-7, PASS5-8, PASS5-9, PASS5-10	
Component					Weightings
Foundations of Physical Activity			10	15	25
Enhancing Participation and Performance	25	25		5	55
Physical Activity and Sport in Society			15	5	20
Marks	25%	25%	25%	25%	100%



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Course Outcomes		
Knowledge and Understanding		
Develop a foundation for efficient participation and performance in physical activity and sport	PASS5-1	Discusses factors that limit and enhance the capacity to move
	PASS5-2	Analyses the benefits of participation and performance in physical activity and sport
Develop knowledge and understanding about the contribution of physical activity and sport to individual, community and social wellbeing	PASS5-3	Discusses the nature and impact of historical and contemporary issues in physical activity and sport
	PASS5-4	Analyses physical activity and sport from personal, social and cultural perspectives
Enhance the participation and performance of themselves and others in physical activity and sport	PASS5-5	Demonstrates actions and strategies that contribute to active participation and skilful performance
	PASS5-6	Evaluates the characteristics of participation and quality performance in physical activity and sport
Skills		
Develop the personal skills to participate in physical activity and sport with confidence	PASS5-7	Works collaboratively with others to enhance participation, enjoyment and performance
	PASS5-8	Displays management and planning skills to achieve personal and group goals
	PASS5-9	Performs movement skills with increasing proficiency
	PASS5-10	Analyses and appraises information, opinions and observations to inform physical activity and sport decisions