

SCOPE AND SEQUENCE STATEMENT: YEAR 10 PE 2025

TERM 1	1	2	3	4	5	6	7	8	9	10	11		
OVERALL TOPIC	Problem Sol	ving In Game	s 3	•									
OVERVIEW	An inquiry into solving common problems and challenges in Territory Games.												
OUTCOMES	PD5-4, PD5-5, PD5-10												
	PDLS-5, PDLS-6, PDLS-11, PDLS-12												
ASSESSMENT	AT2 – Application of Skills, Strategies and Tactics 25% CAMP												
				-	11 WEEKS	11 HOURS							
Term 2	1	2	3	4	5	6	7	8	9				
OVERALL TOPIC	Sport Decathlon												
OVERVIEW	Students engage in various team sports undertaking roles and looking at individual player strengths in a round robin competition format.												
OUTCOMES	PD5-4, PD5-5, PD-9, PD5-10, PD5-11												
	PDLS-5, PDLS-6, PDLS-10, PDLS-11, PDLS-12												
ASSESSMENT													
				9 Weeks 9	Hours								
Term 3	1	2	3	4	5	6	7	8	9	10			
OVERALL TOPIC	Composition and Performance					Active for	Life						
OVERVIEW	Students explore the elements of composition and apply them to movement skills to create a performance.					An inquiry into how maintaining an active lifestyle contributes to our physical, mental and social well-being throughout life							
OUTCOMES	PD5-4, PD5-5, PD5-9, PD5-10, PD5-11					PD5-4, PD5-5, PD-9, PD5-10, PD5-11							
	PDLS-5, PDLS-6, PDLS-10, PDLS-11, PDLS-12 PDLS-5, PDLS-6, PDLS-10, PDLS-11, PDLS-12												
ASSESSMENT	AT3 – Perform	nance Compos	ition 25%										
	5 WEEKS 5 HOURS					5 WEEKS 5 HOURS							
TERM 4	1	2	3	4	5	6	7	8					
OVERALL TOPIC	Active for Life (continued)												
	An inquiry into how maintaining an active lifestyle contributes to our physical, mental and social well-being throughout life												
Overview	PD5-4, PD5-5, PD-9, PD5-10, PD5-11												
OVERVIEW OUTCOMES	PD5-4, PD5-5	, PD-9, PD5-10,	PD5-11		PDLS-5, PDLS-6, PDLS-10, PDLS-11, PDLS-12								
				12									
				12	UTS and Flourish Program	UTS and Flourish Program	Enrichment Program		-				

TOTAL COURSE HOURS: 38 hours