



TERM 1	1	2	3	4	5	6	7	8	9	10	11
OVERALL TOPIC	The Health of Young People										
OVERVIEW	An inquiry into the differing health outcomes of population groups in society and how these can be addressed by individuals, communities and society.										
OUTCOMES	PD5-1, PD5-2, PD5-6, PD5-7										
	PDLS-1, PDLS-2, PDLS3, PDLS-7, PDLS-8										
ASSESSMENT	AT1 – Written Responses 25%					CAMP					
11 WEEKS 11 HOURS											
TERM 2	1	2	3	4	5	6	7	8	9		
OVERALL TOPIC	Check Yourself Before You Wreck Yourself										
OVERVIEW	Road Safety, Partying, Alcohol, Drugs and Decisions An inquiry into what impact risk taking and protective behaviours can have in a variety of situations. How our sense of self impacts decision making and what role character strengths play in health outcomes. Scenario based learning and exploration.										
OUTCOMES	PD5-1, PD5-2, PD5-6, PD5-7, PD5-9, PD5-10										
	PDLS1, PDLS2, PDLS3, PDLS-7, PDLS-8, PDLS-10, PDLS-11										
ASSESSMENT											
9 WEEKS 9 HOURS											
TERM 3	1	2	3	4	5	6	7	8	9	10	
OVERALL TOPIC	Nourish to Flourish						Active for Life				
OVERVIEW	An inquiry into how we make informed food choices to support our health and wellbeing. Students explore dietary guidelines, strategies for healthy eating and the evaluation of individual food choices in daily life.						An inquiry into the role and importance of physical activity beyond school for individuals and communities maintaining an active lifestyle contributes to our physical, mental and social well-being throughout life				
OUTCOMES	PD5-2, PD5-8, PD5-9						PD4-6, PD4-7, PD4-8				
	PDLS-3, PDLS-9, PDLS-10						PDLS-7, PDLS-8, PDLS-9				
ASSESSMENT											
5 WEEKS 5 HOURS						5 Weeks 5 hours					
TERM 4	1	2	3	4	5	6	7	8			
OVERALL TOPIC	Exam Revision / Active for Life (Practical)										
OVERVIEW	An inquiry into the role and importance of physical activity beyond school for individuals and communities maintaining an active lifestyle contributes to our physical, mental and social well-being throughout life										
OUTCOMES	PD4-6, PD4-7, PD4-8										
	PDLS-7, PDLS-8, PDLS-9										
ASSESSMENT		AT4 - Yearly Exam 25%		Assessment Feedback	UTS and Flourish Programs	UTS and Flourish Programs	Enrichment Program				
8 WEEKS 8 HOURS											

TOTAL COURSE HOURS: 38 hours